

DOT'S COLORFUL *Adventure*

Day 1 - Seeing Green in the Emerald City

Today, you are going to learn about what it looks like to grow up in two or more different cultures, just like Dot, and just like the TCKs you are working with. You will use the color green—the same as the Emerald Kingdom—to represent this new third culture, where even though people come from different places, they still see things the same way.

Day 2 - Pieces of a Heart in the Purple Palace

Today, you will explore different elements that are essential to a TCK's identity: friends, family, personal interests, skills, interests, values, memories, and even favorite objects. The activities on this day lay an important foundation for Day 4, Adventures in the Golden Gardens, when you'll talk about home and belonging.

Day 3 - Real Feels in the Ruby Ruins

Today, you will discover why all emotions matter, no matter what. You'll use the example of Lionel Lion—the king of the jungle who's a little bit of a scaredy-cat—to talk about the difference between how we really feel and how we're "supposed" to feel. What's the big deal with feelings, anyway? Why do they matter so much, and why is it important to spend so much time talking about them? The ability to name and understand their emotions is an invaluable tool for TCKs as they move through transition.

Day 4 - Finding Home in the Golden Gardens

Today you are embarking on the journey of understanding home and belonging in a new way. When "home" is always moving, how can TCKs talk about it in a way that is fortifying and comforting? You will discover what home means to everyone individually, even if it's not found inside of a single building, city, or country.

Day 5 - Good Goodbyes in the Sapphire Skies

Dot and her friends have reached the end of their adventure, and so have you. Your focus on this day is to acknowledge the yuck of goodbyes while teaching your third culture kids how to say goodbye well. Grief in itself is not bad. Loss is hard and unresolved grief can become overwhelming, but the practice of saying "good" goodbyes is a powerful one. Today, you will find the tools for your TCKs to say goodbye in a healthy way that also equips them to say other goodbyes well in the future.